

Registration Form

EnneaMotion 2-day workshop with Andrea Isaacs

Name: _____

Address: _____

Phone: (H) _____ (M) _____

Email: _____

I am enclosing payment for:

_____ participant(s) at \$395 each = \$ _____

minus \$50 per person if paying before

1st June x _____ participants = \$ _____

Total enclosed: \$ _____

I enclose a Cheque Money Order
(made out to Riverdell Spiritual Centre)

Credit Card details Visa Mastercard

Card No: _____

Expiry Date: _____

Name on card: _____

Signature: _____

**Please send registration form/payment to: Riverdell
Spiritual Centre, Clifford Road, Hillier, SA 5116**

Confirmation of booking will be sent to you via email or
post. Limited spaces, book early!

EnneaMotion workshop details

When:

Saturday & Sunday, 3 & 4 July

Where:

Fullarton Park Centre, 411 Fullarton Road

Cost:

\$395 (\$50 early bird discount before 1 June)

Please BYO lunch

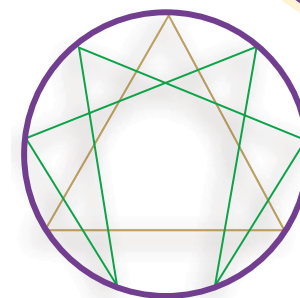
For further information on
this workshop, or any other
activities on offer through

Riverdell Spiritual Centre, please ring

08 8523 1329

Visit our website at

www.riverdellspiritualcentre.org.au



**1st time
in Adelaide!**

An experiential workshop designed to enhance
transformation and emotional intelligence

EnneaMotion

The Somatic Enneagram



Learn new ways to respond to life's challenges
through this uniquely experiential approach,
led by Andrea Isaacs, originator of EnneaMotion.

Saturday & Sunday, 3 & 4 July

(9.30am-5.30pm)

Fullarton Park Centre

411 Fullarton Road, Fullarton

“Andrea’s contribution to the Enneagram and inner work is significant and constantly growing. Her work has to be experienced to be fully appreciated; it goes deep and is transformative.”

– Don Richard Riso, co-author of *Wisdom of the Enneagram and Personality Types*

What is EnneaMotion?



Knowing the Enneagram (a personality system describing nine different patterns of thinking, feeling and behaving) is a great help in understanding ourselves and others.

Emotional intelligence means being able to respond effectively, no matter what life throws at you. That often means being able to respond outside your ‘default setting’, or your comfort zone. Changing how we respond can be difficult, and this is where EnneaMotion’s deeply experiential approach helps break through habitual responses to allow access to a broader, more intelligent, range of responses to life’s everyday challenges.

This approach to studying the Enneagram changes the ‘channel’ through which information comes to you. Usually, the intellectual channel is used as you read or listen to a speaker. By changing to the ‘body channel’, the picture looks different and often gives rise to new insights – both about yourself and others in your life. If we can learn to recognise which type of movement corresponds to a particular feeling/thought, we can then learn to either provoke a desired feeling/thinking state by moving in a corresponding way, or stop such a state by moving in its opposite way.

With a little practice, we can discover and explore emotionally-fixated states through value-neutral movements, making it easier to approach ‘taboo’ areas and effect deep personal change.

Our fixations are at the root of our behaviors, and movement is the most concrete expression of those behaviors – so come along and learn to recognise the root of your behaviors and discover how to open up your range of responses to something more free and appropriate to each moment.

The facilitator



Andrea Isaacs, originator of EnneaMotion has been on the faculty of the Riso-Hudson Professional Enneagram Training since 1995. She was co-founding editor/publisher of the Enneagram Monthly, was an IEA board member for six years and has been a meditation teacher and spiritual advisor since 1986. A skilled and trustworthy guide, she has offered emotional intelligence workshops to thousands of people around the globe and is a sought-after speaker at international conferences. Andrea currently lives at the Sunrise Ranch Spiritual Community in Colorado, USA. In June, she will be presenting a keynote address and workshop at the Global Leadership Foundation in Melbourne. For more information, go to her website: www.enneamotion.com



“This is an immediately useful, practical activity and an incredible process for change. Andrea is a spiritual teacher extraordinaire. She has depth and great sensitivity. This is just what I needed to jumpstart my transformation.”

– Attendee, IEA Conference Workshop

“Andrea guides us to emotional depth within ourselves. Her programs bring our inner nature to light in a deep, useful, enjoyable and humorous way that offers personal growth both personally and professionally.” – David Daniels, M.D.

“Working with Andrea on personal issues was moving, powerful and beautiful.”
– Deb Ryysylainen,
Yorktown Heights NY

The cost

\$395 includes all sessions plus morning and afternoon tea on both days. Please BYO lunch.

Book your place now by filling in the attached registration form. Early bird bookings before 1 June save \$50!